

Canine Bowen Therapy After Care Advice – Important, Please Read

Following your dog's Bowen treatment, he or she may experience a range of reactions. These could show themselves in the following forms:

- He or she may seem tired and/or sleepy
- He or she may show stiffness or pain
- He or she may have more restriction of movement (temporarily)
- He or she may seem a little disorientated
- You may notice a change in behaviour – ie more clingy or more naughty
- He or she may drink more water in the day or two following the treatment; and may need to relieve themselves more frequently. **Allow your dog access to plenty of fresh clean drinking water.**
- Please avoid any other 'hands-on' therapy whilst undergoing a course of Bowen therapy. This would include: massage, healing, acupuncture or physiotherapy. Continue as normal with any course of prescribed medicine, diet, homeopathic or herbal remedy.
- **Important** – please do not pet, stroke or ruffle your dogs coat until he or she has had a rest or sleep immediately following the treatment – this could 'muddy the waters' of the treatment.
- To help the body accept Bowen, a moderate amount of movement should be allowed after the treatment, but in the 24hrs following, he or she may only require one or two short walks on a lead.
- If your dog re-injures itself, the next treatment could be brought forward. Please let me know.
- Please do not stop prescribed medication without prior advice to do so from your vet – Bowen is complementary to any Veterinary care – so continue to follow any advice previously given to you by your vet.
- If you have any doubts, problems or concerns, please do not hesitate to contact me.

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